



Kids Cookery Club

I originally started the kid's cookery club in September 2017 to see how popular it would be and if we were able to keep a large group of children entertained as well as learning a little bit about food, how it's made and where it comes from.

My passion behind the class was to get children interested in food and what they are putting into their bodies, not to try and create the chefs of tomorrow. Seeing a lack of home economics or basic life skills taught in School, highlighted by my own schooling and now watching my daughter go through the education system.

In 2019 we launched a Key Stage 2 Cookery class that we took into Primary Schools across Essex. Unfortunately, the dreaded Covid put a halt to the momentum of this! However, towards the end of 2022 we started the Kids Cookery Club back in Schools and now are looking to re-start the cookery club back at the Restaurant.

The classes are for 9-13 year olds with a passion for food, learning and getting their hands involved. They will learn basic knife skills, cooking techniques and how to make some of their favourite dishes from scratch.

The Classes initially will be held on a Wednesday starting 4:30 and finishing around 6:30 to 7pm. We will prepare a main course and a dessert and afterwards we will sit down and eat the fruits of our labour.

The dates are:

29 th May	Fish Fingers and Crème Brûlée
12 th June	Spinach and Ricotta Tortelli, Chocolate Chip Cookies
26 th June	Vegetable Curry, Chocolate Fondants
10 th July	Final Session dishes will be decided by the Children

All food and squash drinks will be provided as well as Aprons and Equipment. All allergies and dietary requirements taken into consideration.

Prices are £30 per lesson based on all 4 lessons (120)

If you would like to get your child involved please email bookings@rubinokitchen.co.uk or call the restaurant on 01621855579